

A photograph of the Tampines Secondary School building, featuring a prominent yellow facade with white window frames and a curved architectural design. The school's name is printed in large, dark letters across the upper part of the building. A small logo is visible on the yellow wall to the left of the main text. A banner with colorful leaf-like patterns is visible on the right side of the building.

TAMPINES SECONDARY SCHOOL

SEC ONE PARENT ENGAGEMENT

3 JANUARY 2025



INTEGRITY COURAGE ADAPTABILITY RESPECT EXCELLENCE

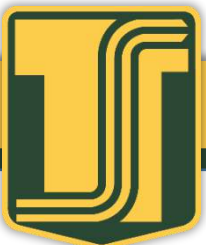
SCHOOL MOTTO

BETTERMENT OF SELF FOR SOCIETY



TAMPINES SECONDARY SCHOOL

INTEGRITY COURAGE ADAPTABILITY RESPECT EXCELLENCE



SCHOOL VISION

A Caring Community of
Learners, Thinkers and Leaders



LEARNERS

Self-directed, Open to Challenges, Collaborative



THINKERS

Reflective, Intellectually Curious, Discerning

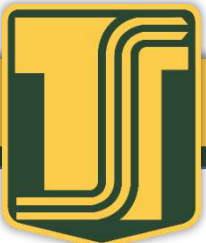


LEADERS

Competent, Willing to
Serve, Humble

TAMPINES SECONDARY SCHOOL

INTEGRITY COURAGE ADAPTABILITY RESPECT EXCELLENCE



SCHOOL MISSION

“Providing a well-rounded education in a nurturing environment to prepare Tampinesians for the future.”



COGNITIVE



AESTHETICS



MORAL



SOCIAL



PHYSICAL



SCHOOL VALUES

I CARE



INTEGRITY



COURAGE

ADAPTABILITY



EXCELLENCE



RESPECT





Full Subject-Based Banding (Full SBB)

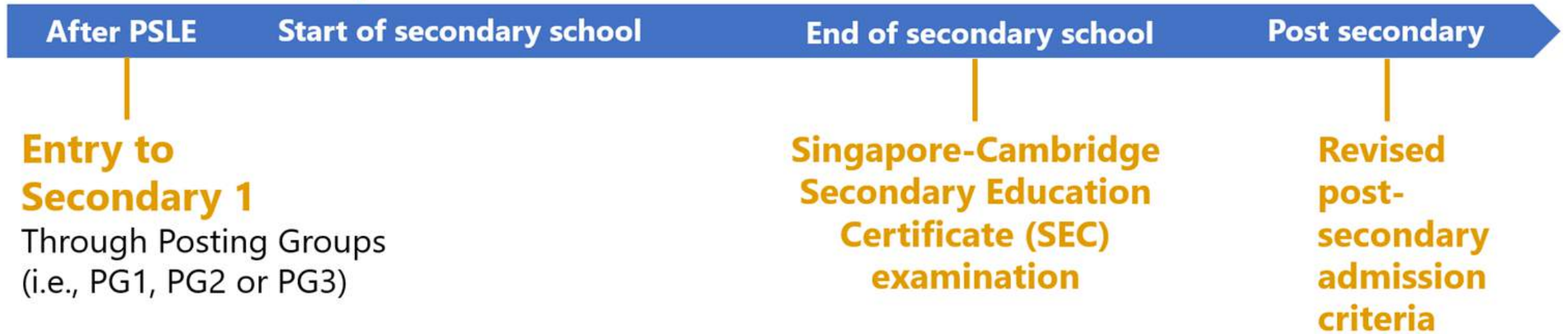
TAMPINES SECONDARY SCHOOL



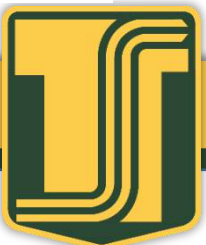
Secondary school experience under Full SBB

Secondary school experience

1. Mixed form classes upon entering secondary school
2. Common curriculum subjects at lower secondary - **D&T, FCE, Art**, PE, Music, CCE
3. Subjects to be offered at G1, G2 or G3, mapped from the standards of the N(T), N(A) and Express subject levels respectively
4. Greater flexibility to offer subjects at various subject levels
5. Shift away from stream-based subject offerings



TAMPINES SECONDARY SCHOOL



Overview of Post-Secondary Pathways

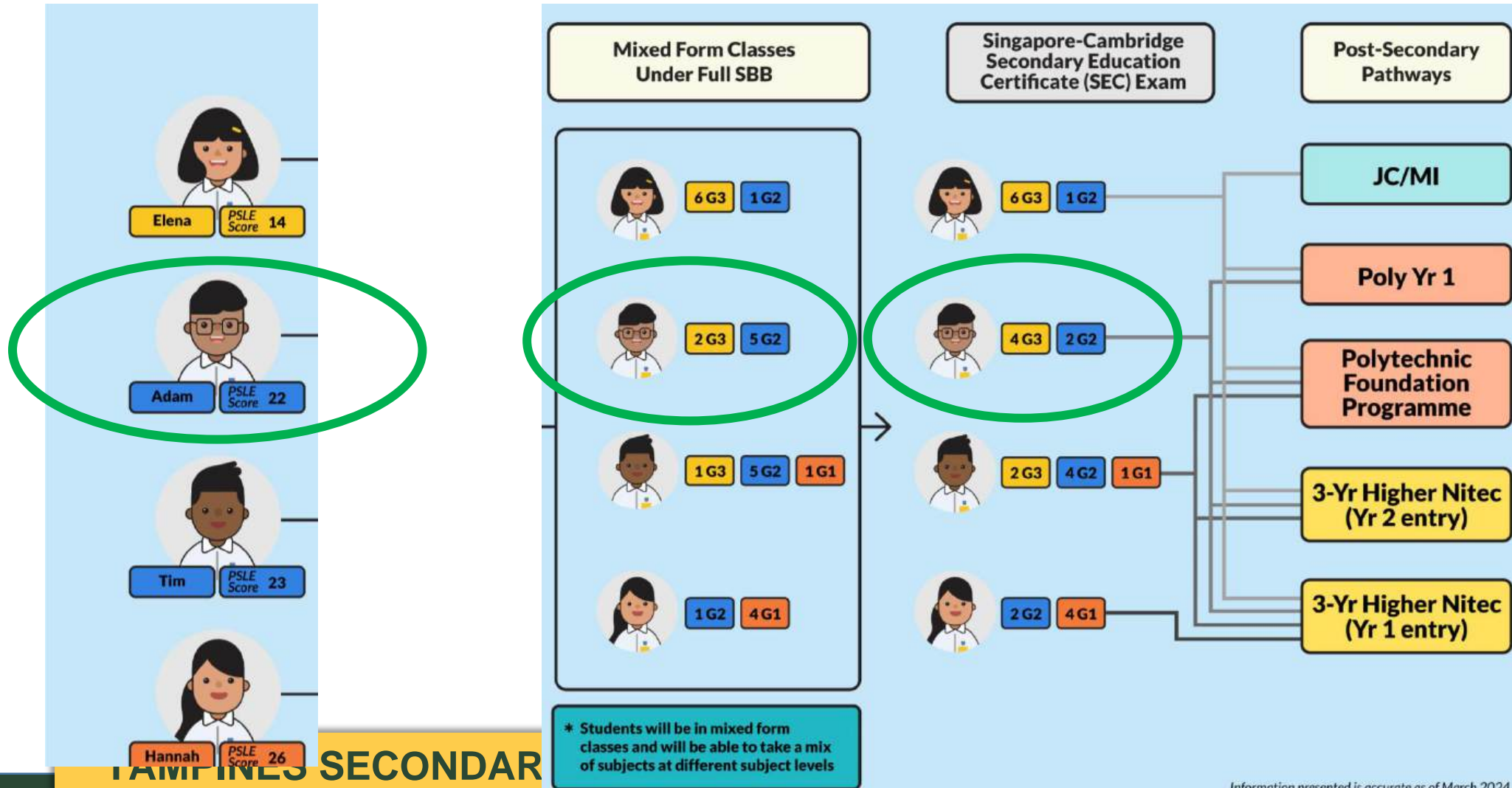
Students taking at least	POST-SEC PATHWAYS					
	ITE Year 1 Entry	ITE Year 2 Entry	Polytechnic Foundation Programme (PFP)	Polytechnic Year 1	Millennia Institute	Junior College
6 G3 subjects	✓	✓	NEW ✓	✓	✓	✓
5 G3 subjects	✓	✓	NEW ✓	✓	✓	
4 G3 + 1 G2 subjects	✓	✓	NEW ✓	NEW ✓		
5 G2 subjects	✓	✓	✓			
4 G1 subjects	✓	NEW* ✓				

*For students who meet ITE's Year 1 academic requirements

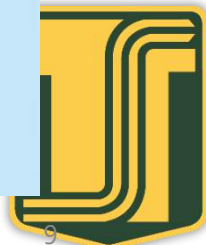
TAMPINES SECONDARY SCHOOL



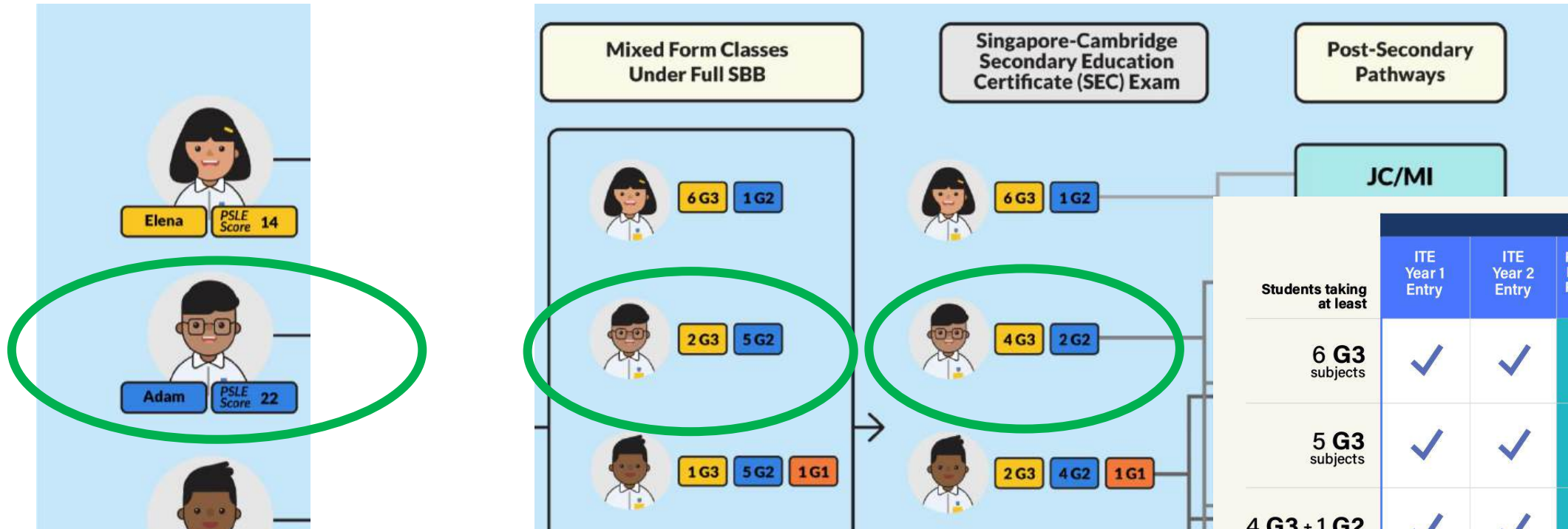
Secondary school experience under Full SBB



Information presented is accurate as of March 2024



Secondary school experience under Full SBB



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5 G2 subjects	✓	✓	✓		
4 G1 subjects	✓	NEW* ✓			

*For students who meet ITE's Year 1 academic criteria

Information presented is accurate as of March 2024

Adam has started Sec 1 with 2 G3 subjects and 5 G2 subjects. He progressed through his 4 years to take on subjects at more demanding level, with 4 G3 and 2 G2 subjects.

With this offering of subjects, he increased his Post Secondary Options to apply for Poly Yr 1, Polytechnic Foundation Programme.



Your Child's Secondary School Journey with Full Subject-Based Banding

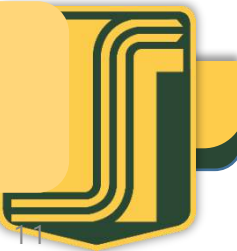
- Full Subject-Based Banding (Full SBB) will allow your child to:

Choose to learn subjects at different levels based on your strengths, interests, abilities, talents and learning needs

Develop a growth mindset and be motivated to keep learning

Have more opportunities to interact with friends of different strengths and interests

Have more options for post-secondary pathways, while ensuring you are prepared well for your chosen pathway



Subject Levels are not fixed

- Your child started Secondary 1 with a set of **subject levels at G1, G2 and G3**, based on his/her PSLE results.
- These subject levels he/she started with **should not limit his/her secondary school experience or post-secondary options.**
- Your child **can work towards as high a subject level as possible for each subject** (e.g., G1->G2, G2 -> G3) so that he/she can achieve his/her post secondary goals.



In-School Progression

- All students in Sec 1 will generally progress to the next year of learning. However, students may be retained to repeat Sec 1 if they do not have a good foundation (e.g., Long Term Absenteeism).
- Students who have done very well relative to others would be considered for awards (e.g. Edusave scholarship/bursary).
- For students who have done well, he/she can consider offering subjects at more demanding level.
- We encourage that your child work towards fulfilling his/her full potential and aim to take subjects at as high a level as possible. This will open up more post-secondary options for him/her.



Offering Subjects at a More Demanding Level

- Eligibility criteria to take subjects at a more demanding level from Sec 2:

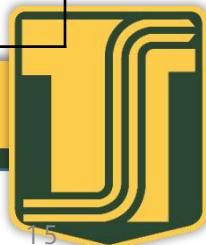
<u>English Language, Mathematics, Science, Mother Tongue Languages</u>		
Current subject level	School-based results	Option to offer subject at
G1	≥75% in the specific subject	G2 starting from next semester
G2	≥75% in the specific subject	G3 starting from next semester



Offering Subjects at a More Demanding Level

- Eligibility criteria to take **Humanities** subjects at a more demanding level, from Sec 2:

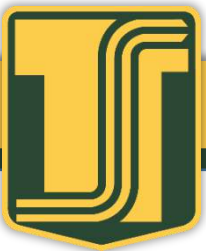
<u>Humanities</u>		
Current subject level	School-based results	Option to offer subject at
G1	<p>≥ 75% overall in G1 English Language (or ≥50% overall in G2 English Language)</p> <p>&</p> <p>A Pass with Distinction grade for both G1 Humanities (Social Studies component) Performance Tasks in Semesters 1 and 2</p>	G2
G2	75% or higher in specific subject	G3





Supporting your child through their Secondary School Journey

TAMPINES SECONDARY SCHOOL



How can you support your child?

- **Learn more about their strengths, skills, interests, learning styles and aspirations.**
- **Encourage your child to be open and think about possible education and career opportunities.**
 - There are many post-secondary education options for students to explore. Find one that best suit their strengths, skills, interests and learning styles.



How can you support your child?

- Here's how you can journey with your child:
 - **Connect with them**
 - Set aside time to listen and understand how they are coping with school and CCA, their thoughts and feelings.
 - Create opportunities outside of school that would help you and your child recognise their interests, skills, strengths and learning styles.
 - **Support them to learn for life**
 - Stay open to the possible education and career pathways that are available and be flexible in discussing these pathways with them.
 - Trust their abilities to grow to become better versions of themselves, while being careful not to project your expectations on them.
 - Encourage them to take ownership of their goals and plans.



Resources

Parent Kit – Supporting Your Teen in Exploring Post-Secondary Pathways



<https://go.gov.sg/moe-post-secondary-2022>

Video – Heart to Heart Talk



<https://go.gov.sg/h2htep2>

ECG Tips for Parents



<https://go.gov.sg/tips-for-parents>

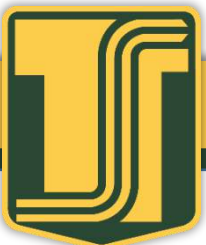
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Find out more about Full SBB

TAMPINES SECONDARY SCHOOL



Visit the Full SBB Microsite

<https://go.gov.sg/moe-fsbb>



What is Full SBB?

Full SBB is part of MOE's ongoing efforts to nurture the joy of learning and develop multiple pathways to cater to the different strengths and interests of our students.



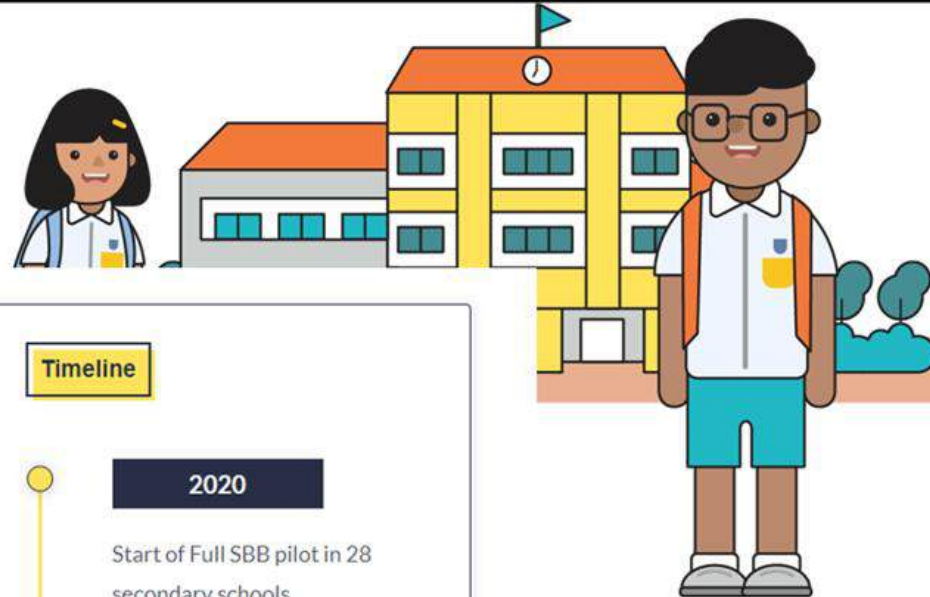
Secondary school experience under Full SBB

Find out more about Secondary 1 postings, form classes, subject offerings, Common Curriculum and other changes under Full SBB.



FAQ

Read this list of commonly asked questions and answers on Full SBB.



Timeline

2020

Start of Full SBB pilot in 28 secondary schools

2021

First cohort of Primary 6 students undergo new PSLE scoring and Secondary 1 (S1) posting system

2022-2024

Progressive roll-out of Full SBB to more secondary schools

2027

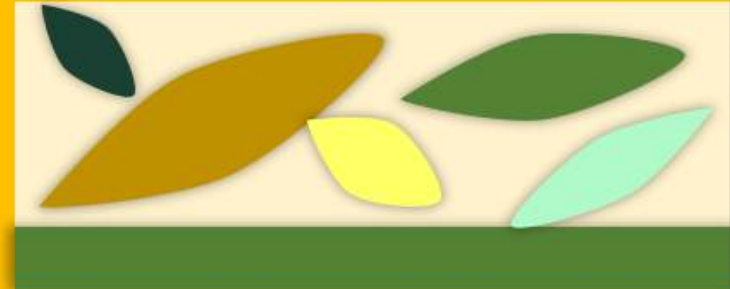
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TAMPINES SECONDARY SCHOOL

How can your child make the best out of the Tampinesian experience?



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PAST ≠ FUTURE

Secondary education is a journey of self-discovery

2025 is a new beginning for all

Tampinesians seize every opportunity to discover your strengths, interests and potential, and develop them into talents and passion to become gifts to society.

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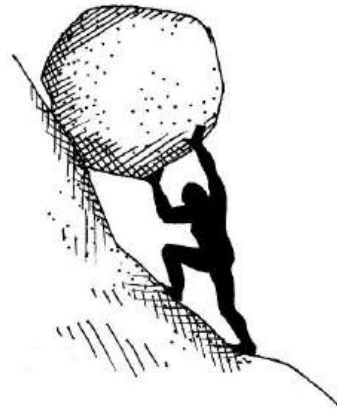
STRIVE FOR EXCELLENCE, NOT PERFECTION



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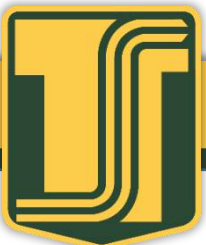
Winner's
Mindset

Skillset

Effort

Excellence

TAMPINES SECONDARY SCHOOL



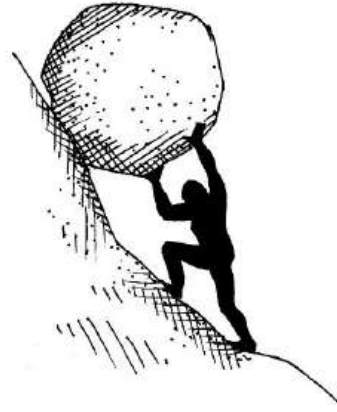
STRIVE FOR EXCELLENCE



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Winner's Mindset

- Learned Optimism
- Growth Mindset
- Personal Accountability

Skillset

- KSVAs of Subjects/ CCE/ CCA
- 21CC
- Executive Functions
- Focused Strategies

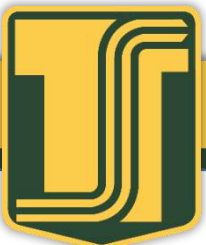
Effort

- Taking Action

Excellence

- Giving one's best
- Quality Outcomes & High Standards

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BACKWARD GOAL DESIGN



- 1. Start with a Big Dream- Your Aspiration**
 - *Eg: Reduce sufferings of the sick.*
- 2. Turn it into long-range goals**
 - Nurse, doctor, allied healthcare, healthcare engineers, public health administrator
- 3. Set goals with specific outcomes**
 - *A-Levels- Which JC? Poly- What course/Poly? Targets for GCE O (Use of Coursefinder)*
- 4. Figure out the intermediate steps**
 - *What subjects are important? Targets for Prelims/WAs? What Learning Routines must I have? Action Plan to reach my targets?*
- 5. Plan what needs to be done this week**
 - *What must I start working on? Specific actions needed?*
- 6. Focus on one thing to do today**
 - *Building vocab. Assignments due.*



TAMPINESIANS DISCOVER THEIR INTERESTS, STRENGTHS & ASPIRATIONS THRU' A MYRIAD OF OPPORTUNITIES & ECG PROGS

ECG Focus			
Sec 1	Sec 2	Sec 3	Sec 4/5
Education and self-awareness to explore their individual strengths	Education and career exploration of these strengths and exercise sound reasoning in their Sec 3 Subject choices	Education and career planning	Education and career decision making



- V – Values
- I – Interests
- P – Personality
- S – Skills



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CONDUCTIVE LEARNING ENVIRONMENT

Every Tampinesian respects and takes
ownership in co-creating an

I C  RE

learning environment

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STARTING THE NEW SCHOOL YEAR RIGHT!

Tampinesian Work Collectively to Co-Create a Conducive Learning Environment:

- Handphone Policy
- Start of School Routine
- Start of Class Routine- ABC
- End of Day Routine

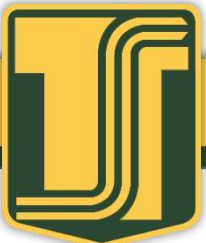


HARVARD BUSINESS REVIEW

Having Your Smartphone Nearby Takes a Toll on Your Thinking by [Kristen Duke](#), [Adrian Ward](#), [Ayelet Gneezy](#), and [Maarten Bos](#) (March 20, 2018)

In two lab experiments, nearly **800 people** completed tasks designed to measure their cognitive capacity. Before completing these tasks, the researchers asked participants to either: place their phones in front of them (face-down on their desks); keep them in their pockets or bags; or leave them in another room. The results were striking: **the closer the phone to the participant, the worse he/she fared on the task. The mere presence of our smartphones automatically exerts a gravitational pull on our attention. Resisting that pull takes a cognitive toll.**

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JUST HAVING YOUR CELL PHONE IN YOUR POSSESSION CAN IMPAIR YOUR LEARNING, STUDY SUGGEST

- The mere presence of a cell phone can be distracting for both the cell phone user and students sitting around the cell phone user, not to mention the obvious distraction if someone gets a text or phone call (even if on silent). Cell phones tend to reduce attention and memory — even when they weren't used, and hence impair learning.
- In addition, people's own emotional state, such as the need to feel connected to others via their mobile device, has a reliable and negative impact on attention and learning.



HANDPHONE POLICY

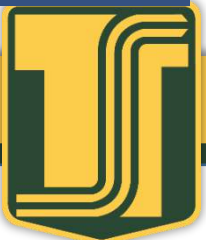
HP NOT allowed during curriculum time

- During lessons & CCA
- In between lessons & CCAs, including along corridors/in toilet

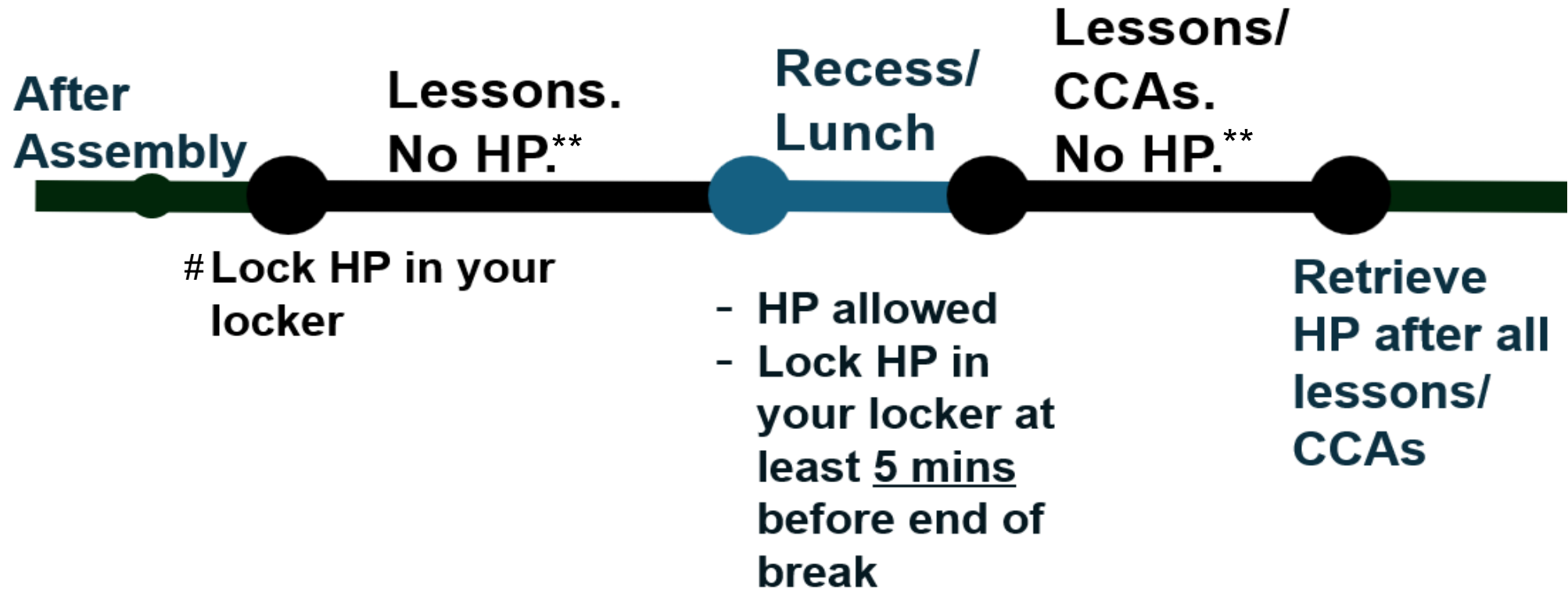
CONSEQUENCES

If a student is found with handphone during curriculum time/evidence of phone use during curriculum time, the handphone will be confiscated by **ANY** teacher. No chances will be given.

- 1st time: 1 day
- 2nd time: 1 week
- 3rd time: 1 month

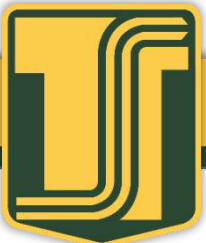


HANDPHONE POLICY



Once locks are issued to the class, lock your hp in the locker.
** Except with explicit permission from your lesson/CCA teacher.

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THE STRAITS TIMES

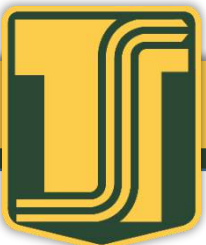
AUG 17, 2024

Schools in Singapore impose phone bans to reduce distractions, rekindle social interaction



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Wef 2025, handphones are not allowed in all Sg schools during curriculum time. All pri and some sec schs extend to recesses and only allow phone before and after the school day.



WHY?

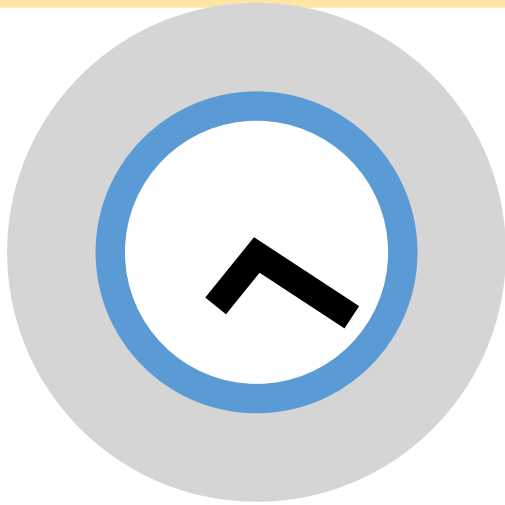
**Your child and all Tampinesians
want to succeed too!**

**And after a while, many feel the benefits and are no longer
tempted to check their phones. So they prefer to lock their
phones away for the benefits.**

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START OF SCHOOL ROUTINE



**Students report to
Assembly Venue
once they arrive in
school.**

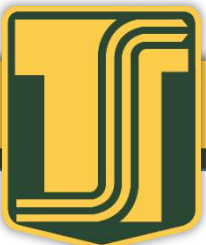


**Silent reading
till start of
assembly.**



**After Assembly,
students lock
HP in locker**

TAMPINES SECONDARY SCHOOL



HANDPHONE POLICY

HP NOT allowed during curriculum time

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START OF CLASS ROUTINE ABC ROUTINE

**TODAY'S
FOCUS**

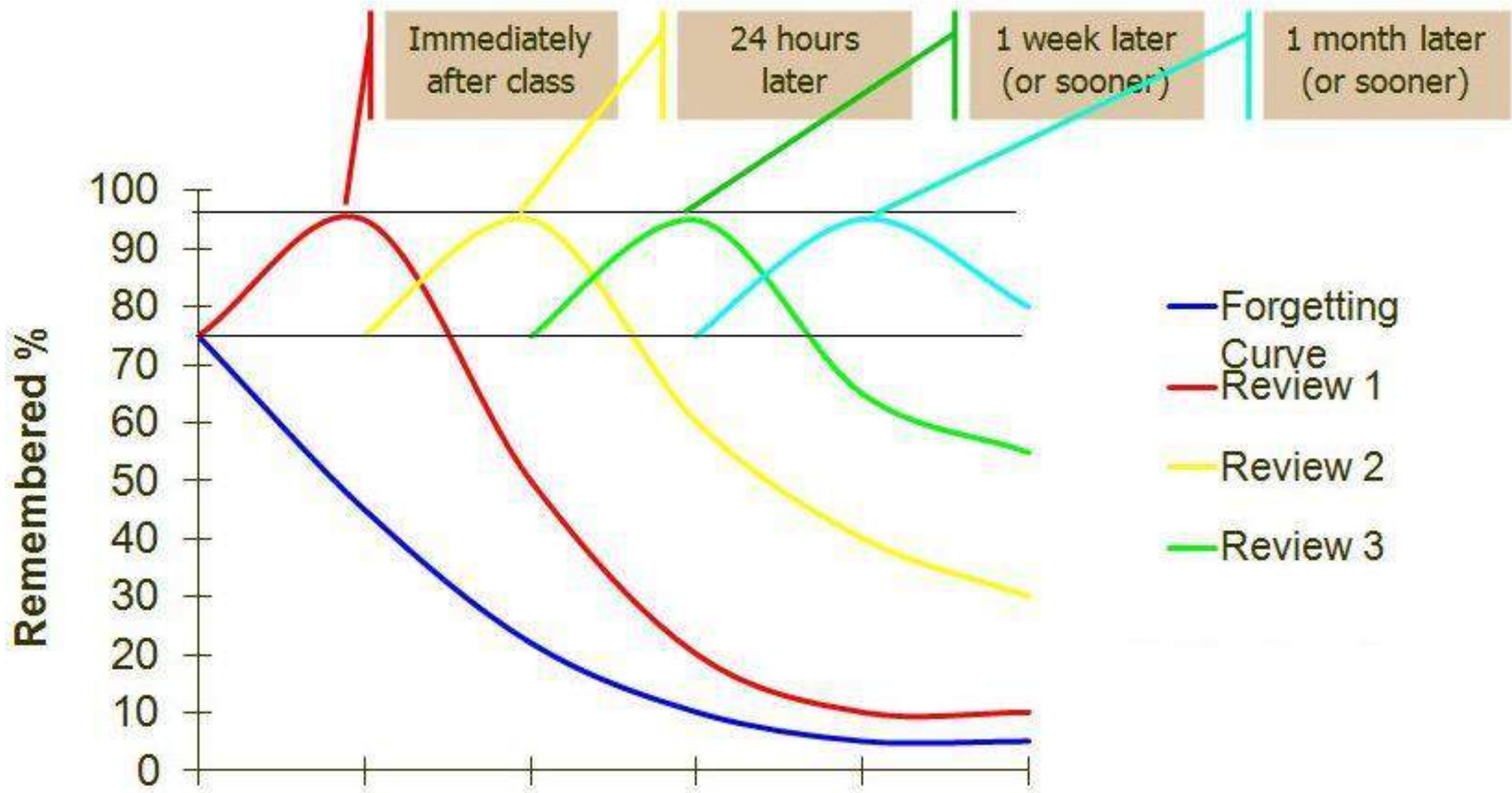
- Lesson Objective #1
- Lesson Objective #2

- Success Criteria #1
- Success Criteria #2

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I C  RE
learning environment





END OF DAY ROUTINE

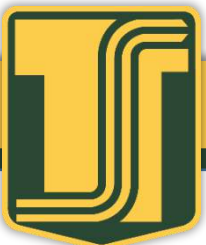
- Review what's taught for the day- 2 to 3 hours
- Complete homework
- Fully charge PLD, ready for use the next day
- Ensure bag is packed before going to bed
- Set alarm
- No handphone 30 mins before sleep
- Have sufficient sleep

* Students need to ensure that their PLD is in good condition, otherwise, send it for servicing. Lessons and e-Assessments will require PLDs to be in good working condition and fully charged. No hp is allowed during lessons and CCAs.



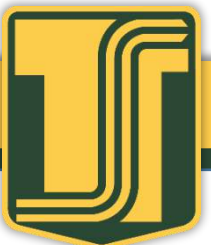
How else can Parents Support your Child

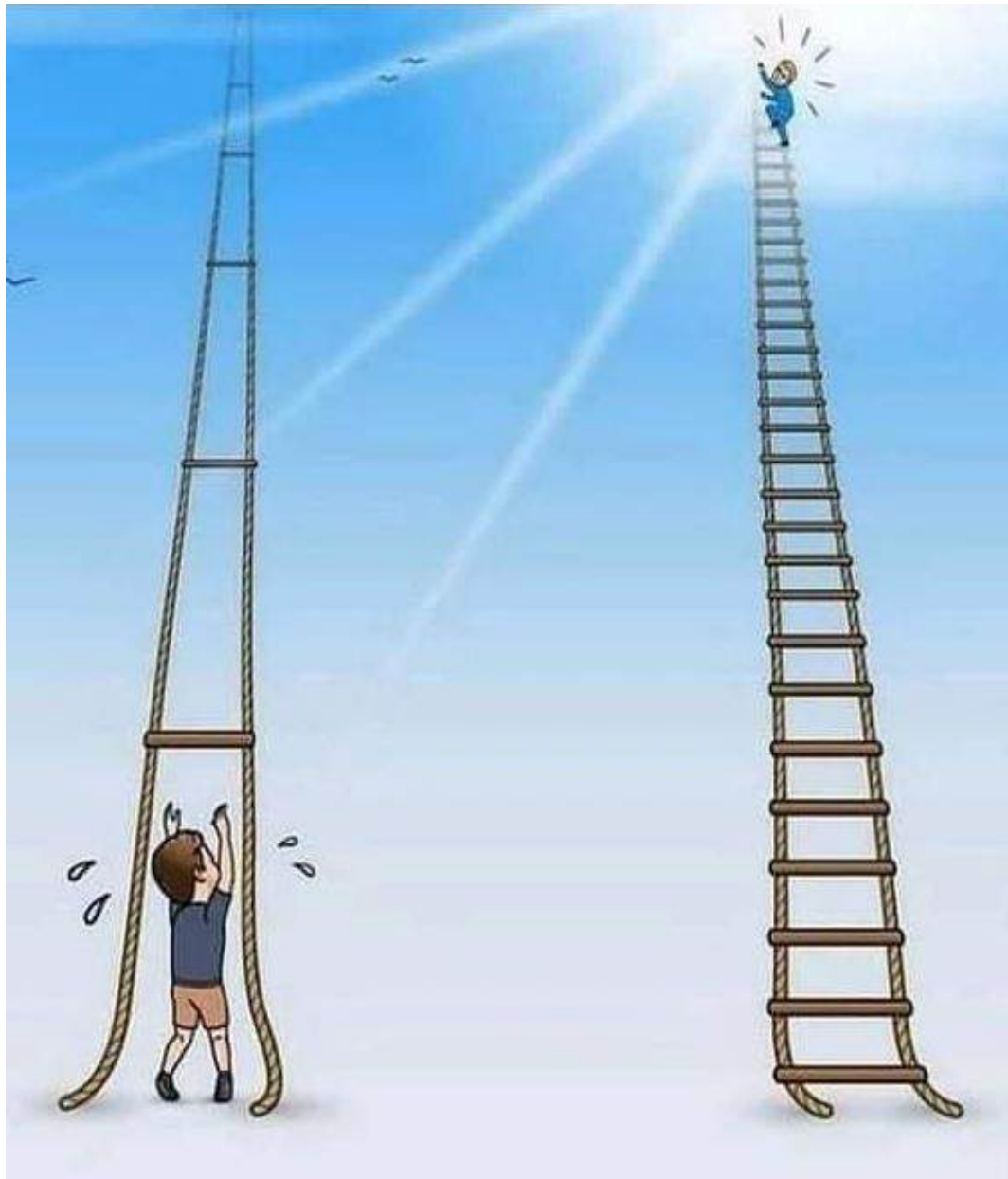
- Teach proper time management: Put structure into your child's routines from homework to meals to sleep time, so that he/she learns the importance of time- Pomodoro Technique, Eisenhower Matrix
- Set goals together: This should be what your child wants, not what you, as parents, want
- Know your child's strengths and weaknesses: As parents, use words to inspire and show appreciation of your child's work and talents
- Take breaks with your child, such as by appreciating nature
- Be role models: Model calmness, rationality and positivity, when faced with problems and challenges.



**Let's work together to ensure that
your child
START THE SEC SCH JOURNEY RIGHT
by building
good learning habits and routines**

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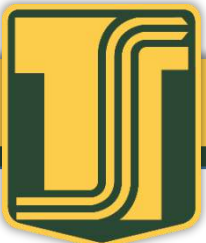


Let's start with small simple steps.

Work to better self every day.

If we get **1% better each day** for **one** year, we will end up **37 times better** by the end of 2025! It builds up, just like compound interest.

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TAMPINES SECONDARY SCHOOL

Wishing All a Purposeful
and Fulfilling 2025!



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@TampinesSec

You can also visit our school website for more information:

<http://tampinessec.moe.edu.sg/>